Kilimanjaro – the challenge awaits

This time next year an intrepid team of Bridge2Aid trekkers will have returned from an epic trip climbing Africa’s highest mountain – and you could be one of them!

There are few moments in life that will stay with you through your years, but reaching the top of Kilimanjaro is one of them. That mountain is immense! Located in Tanzania, it is 49 miles long by 24 miles wide and soars above the Rift Valley to a staggering 19,335 feet. Conquering it is a challenge that draws trekkers from across the globe.

Tanzania is also the base for Bridge2Aid, the UK dental and community development charity that operates the ‘Dental Volunteer Programme’ which takes volunteer dentists, hygienists and nurses to Tanzania four times a year to train local health workers in emergency dentistry.

Bridge2Aid’s Chief Executive Mark Topley said; “It has been a privilege to hear the stories told by the climbers from our Climb Kili events over the past three years. It is such an amazing place and the sense of achievement experienced by the climbers is mirrored by the stories of what we have been able to achieve through the funds raised by Climb Kili.

“Over the past four years we have been able to expand our training of Clinical Officers in Emergency Dentistry from just 15 trainees in 2006 to almost 50 in 2010. We just could not have done that, and in turn treated so many thousands of people, without the funds raised by our climbers.”

Simon Roland, a dentist from London climbed Kili in 2007 and is now a trustee of Bridge2Aid: “Climbing Kili was a tough but wonderful experience. We met some great people and had a fantastic time together as we all battled to make it to the top of the mountain over five arduous but very rewarding days. The end result was a great sense of achievement whilst at the same time raising money for a very worthy cause. I heartily recommend everyone to take part in 2011”

You could be miming for new heights with Bridge2Aid’s Climb Kili expedition!

For more information or to place an order please call 0800 169 9692 or visit www.practiceworks.co.uk

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